

# SAMPLE ATHLETIC TRAINING

Cedarville, OH 45314 | 555.987.6543 | myname@cedarville.edu

## SUMMARY

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Junior athletic training student with experience in providing preventative and rehabilitative care to high school and collegiate athletes. Seeking to further develop compassionate care and skills in order to achieve a career as a certified athletic trainer.

Key skills include:

**AED/CPR Certification | Emergency Oxygen Administration Certification | Team Collaboration | Excellent Verbal Communication | Strong Critical Thinking Skills | Time Management & Multitasking | Empathy & Patience**

## EDUCATION

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### **Cedarville University**

*Bachelor of Arts Athletic Training*; GPA: 3.86

Honors: Dean's List (2017–Present); President's Excellence Scholarship (2017–Present)

Cedarville, OH

Anticipated Graduation 05/2021

## CLINICAL EXPERIENCE

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### **Cedarville Men's Soccer** | *Cedarville University*

Cedarville, OH

08/2020–Present

- Conducted on-field assessments and assessed criteria for return to play
- Performed hip, knee, ankle, and concussion evaluations for division II collegiate athletes
- Communicated and collaborated with general surgeon on return-to-play protocol post surgery
- Provided treatments before all practices and competitions at home and on the road
- Guided athletes in daily functional stretches and warmups prior to activity

### **Cedarville Men's Basketball** | *Cedarville University*

Cedarville, OH

01/2020–05/2020

- Implemented progressive rehabilitative exercise program for an athlete with an ACL Reconstruction under the supervision of the head athletic trainer
- Measured and recorded objective data to monitor progress for return to play
- Developed rehabilitation programs for varying lower and upper body injuries
- Assisted in the medical coverage of all on-campus games

### **Cedarville Women's Volleyball** | *Cedarville University*

Cedarville, OH

08/2019–12/2019

- Evaluated upper body, lower body, and spinal injuries in collegiate athletes
- Integrated therapeutic exercise in conjunction with modalities into rehabilitation regimens
- Applied various modalities daily including electrical stimulation, therapeutic ultrasound, and combination therapy

### **Excel Sports Medicine** | *Mercy Health*

Springfield, OH

01/2019–05/2019

- Collaborated with physical therapists in designing and implementing rehabilitation programs for preteen to geriatric populations in various stages of recovery
- Worked alongside an athletic trainer in developing sport-specific performance enhancing workouts
- Practiced and implemented joint mobilizations for the ankle, shoulder, and hip

### **Fairborn High School** | *Premiere Health*

Fairborn, OH

08/2018–12/2018

- Supervised rehabilitation programs from initial injury to return to play
- Assisted in the management and subsequent treatment of an acute Lisfranc fracture dislocation
- Evaluated and assessed lower extremity injuries

### **Athletic Training Facility** | *Cedarville University*

Cedarville, OH

08/2016–05/2017

- Aided in the preparation of sporting venues for athlete participation
- Provided college athletes with a variety of therapeutic modalities daily

## EMPLOYMENT EXPERIENCE

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### Summer Counselor | *Calvary Temple*

Springfield, IL  
05/2019–08/2019

- Supervised 25 children aged 10 months to 13 years
- Monitored safety of infants and toddlers during play and activities
- Led group activities and discussions among the older children

### Shift Leader | *Nancy's Pizza*

Springfield, IL  
05/2017–08/2017

- Managed 10 employees during high-traffic business hours
- Resolved interpersonal conflicts among team members
- Assessed individual abilities and arranged team members to promote effective workflow

### Soccer Referee | *Campus Recreation*

Cedarville, OH  
08/2017–11/2017

- Facilitated sportsmanlike conduct during game play amongst players
- Maintained standards of play and ensured rules of play were followed

## VOLUNTEER EXPERIENCE

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### Youth Group Sponsor | *Grace Church*

Dayton, OH  
12/2017–Present

- Mentored students aged 13–18 years
- Influenced and encouraged students to be individuals of character and virtue

### Vacation Bible School Group Leader | *Grace Church*

Madison, WI  
Summers 2013–2017

- Taught students aged 5–10 years
- Facilitated discussion among students

### Volunteer | *Concordia Village*

Madison, WI  
05/2018–08/2018

- Provided support with geriatric patient transportation, ambulation, and rehabilitation
- Assisted in conduction of differing occupational therapy techniques

## MEMBERSHIPS

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### Athletic Training Student Organization (ATSO) | *Cedarville University*

08/2017–Present

- Fostered relationships with other students in the athletic training program
- Mentored and tutored peers in the field of athletic training

### NATA Member | *National Athletic Trainer's Association*

01/2020–Present

- Member Number: 123456
- NPI Number: 9876543210

### GLATA Member | *Great Lakes Athletic Trainers' Association*

01/2020–Present

### OATA Member | *Ohio Athletic Trainers' Association*

01/2020–Present

## CERTIFICATIONS

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### Administering Emergency Oxygen | *American Red Cross*

Valid 2020–2021

- ID: GYENP14

### CPR/AED for Professional Rescuers | *American Red Cross*

Valid 2020–2022

- ID: GYENZ01